



Women's Experience of Maternity Care

What is the survey about?

This is a survey about your recent experience of maternity care. Your views are very important in helping us find out how good the services are and how they can be improved.

Completing the questionnaire

Please only think about the maternity care you received in your **most recent** pregnancy and birth when answering these questions.

For most questions, please cross clearly inside one box 🗵 using a black or blue pen. For some questions you may be asked to cross more than one box.

Don't worry if you make a mistake; simply fill in the box ■ and put a cross ☒ in the correct box.

Not all sections will apply to you. Sometimes you will find the box you have crossed has an instruction to go to another question. By following the instructions carefully you will miss out questions that do not apply to you.

Please do not write your name or address anywhere on the questionnaire.

Taking part in this survey is voluntary. Your answers will be treated in confidence.

If you prefer not to fill in the questionnaire, please return it blank in the freepost envelope provided.

If the survey raises issues or questions of concern, you may wish to contact your family doctor (GP) or Health Visitor.

Questions or help?

If you have any questions, please call the helpline number given in the letter enclosed with this questionnaire.

SECTION A. DATES AND YOUR BABY	B3. Roughly how many weeks pregnant were you when you had your 'booking' appointment (the appointment where you were given your	
A1. Did you give birth to a single baby, twins or more in your most recent pregnancy?	pregnancy notes)?	
A single baby	₁ ☐ When I was 0 to 7 weeks pregnant	
¹ A single baby	² When I was 8 or 9 weeks pregnant	
	₃ ☐ When I was 10 or 11 weeks pregnant	
₃ ☐ Triplets, quads or more	₄ ☐ When I was 12 weeks pregnant	
A2. What time was your baby born? (If you had	₅ ☐ When I was 13 or more weeks pregnant	
twins or more than two babies this time, please fill in this question about the baby who was born first)	₅ Don't know / can't remember	
Early morning (12:01am - 6:00am)	B4. Were you offered any of the following choices about where to have your baby? (Cross ALL	
² Morning (6:01am - 12:00 noon)	that apply)	
₃ ☐ Afternoon (12:01pm - 6:00pm)	2.5 1 L I was offered a choice of hospitals	
⁴ ☐ Evening / Night (6:01pm - 12:00 midnight)	2.5 2 I was offered a choice of giving birth in a midwife led unit / birth centre	
A3. Roughly how many weeks pregnant were you when your baby was born?	2.5 3 I was offered a choice of giving birth in a consultant led unit	
□ Before I was 37 weeks pregnant	2.5 4 I was offered a choice of giving birth at home	
² ☐ When I was 37 weeks pregnant or more	0 ₅ ☐ I was not offered any choices	
CECTION D. CARE WILL E VOIL	- 6 ☐ I had no choices due to medical reasons	
SECTION B. CARE WHILE YOU WERE PREGNANT (ANTENATAL CARE)	- 7 □ Don't know	
The start of your care in pregnancy	Note: Question B4 multiple choice scoring is	
B1. Who was the first health professional you saw when you thought you were pregnant? (Cross ONE only)	calculated by adding the scores from all responses (e.g. if three options are selected, the question score is 7.5). If respondents select any of the first four options as well as any of the final three, the first four responses are given priority.	
₁ ☐ GP / family doctor	amos, and morrosan responded and green priority.	
₂ Midwife	B5. Before your baby was born, did you plan to have a home birth?	
₃ ☐ Other	₁ ☐ Yes	
B2. Roughly how many weeks pregnant were you when you first saw this health professional about your pregnancy care?	₂ □ No	
₁ ☐ When I was 0 to 6 weeks pregnant		
₂ When I was 7 to 12 weeks pregnant		
₃ ☐ When I was 13 or more weeks pregnant		
Don't know / can't remember		

B6. Did you get enough information from either a midwife or doctor to help you decide where to have your baby?	B10. During your antenatal check-ups, were you given enough time to ask questions or discuss your pregnancy?
10 1 Yes, definitely	10 ₁ ☐ Yes, always
5 2 Yes, to some extent	5 2 Yes, sometimes
0 3 No	0 з П No
$_{-4}$ \square No, but I did not need this information	− ₄ Don't know
− ₅ Don't know / can't remember	B11. During your antenatal check-ups, did the
Antenatal check-ups	midwives listen to you?
A 'check-up' is any contact with a doctor or	10 ₁ ☐ Yes, always
midwife to check the progress of your pregnancy. It usually includes having your	5 2 Yes, sometimes
blood pressure and urine checked.	0 ₃
Please ignore other appointments that <u>did not</u> include these things, such as a visit to the	_ ₄ ☐ Don't know / can't remember
hospital for a scan or a blood test only.	# Boil (Knew / Gail (Territoring)
B7. During your pregnancy were you given a choice about where your antenatal check-ups would take place?	B12. During your antenatal check-ups, did a midwife ask you how you were feeling emotionally?
10 ₁ ☐ Yes	10 1 Tes, definitely
0 ₂ No	5 2 Yes, to some extent
_	0 3 No
- ₃ ☐ Don't know / can't remember	_ ₄ ☐ Don't know / can't remember
B8. If you saw a midwife for your antenatal check-ups , did you see the same one every time?	During your pregnancy
₁ ☐ Yes	
² Yes, but would have preferred not to	B13. During your pregnancy, did you have a telephone number for a midwife or midwifery
₃ ☐ No, but I wanted to	team that you could contact?
4 No, but I did not mind	10 ₁ ☐ Yes
₅ ☐ I only saw a midwife once	0 2 No
$_{6}$ \square I did not see a midwife	− ₃ L Don't know / can't remember
Don't know / can't remember	B14. During your pregnancy, if you contacted a midwife, were you given the help you needed?
B9. During your antenatal check-ups, did the	10 ₁ ☐ Yes, always
midwives appear to be aware of your medical history?	5 2 Yes, sometimes
10 ₁ Yes, always	0 3 No
5 2 Yes, sometimes	0 4 No, as I was not able to contact a midwife
0 3 No	- ₅ ☐ I did not contact a midwife
- ₄ ☐ Don't know / can't remember	

B15. Thinking about your antenatal care , were you spoken to in a way you could understand?	C2. Did you have a home birth?
<u> </u>	₁ ☐ Yes
10 ₁ ☐ Yes, always	₂ No
5 2 Yes, sometimes	
0 3 No	C3. During your labour, were you able to move around and choose the position that made you
- ₄ ☐ Don't know / can't remember	most comfortable?
B16. Thinking about your antenatal care, were you	10 1 Yes, most of the time
involved enough in decisions about your care?	5 2 Yes, sometimes
10 ₁ ☐ Yes, always	0 3 No
5 2 Yes, sometimes	 - ₄ ☐ No, but this was not possible due to medical reasons
0 3 No	medical reasons
$ _4$ \square I did not want / need to be involved	C4. During your labour, what type of pain relief did you use? (Cross ALL that apply)
- ₅ Don't know / can't remember	Natural methods (e.g. hypnosis, breathing, massage)
B17. During your pregnancy did midwives	
provide relevant information about feeding your baby?	 2
10 ₁ Yes, definitely	_
5 2 Yes, to some extent	Gas and air (breathing through a mask)
0 3 No	5 LI Injection of pethidine or a similar painkiller
- 4 I did not want / need this information	
- ₅ Don't know / can't remember	₇ ☐ Other
	₃ ☐ I did not use pain relief
SECTION C. YOUR LABOUR AND	
THE BIRTH OF YOUR BABY	C5. Did the pain relief you used change from what you had originally planned (before you went into labour)?
If you had a planned caesarean, or did not have a labour, please go to Question C7.	₁ ☐ Yes → Go to C6
	2 ☐ No → Go to C7
C1. At the very start of your labour, did you feel that you were given appropriate advice and	₃ ☐ I did not use pain relief → Go to C7
support when you contacted a midwife or the hospital?	₄ ☐ I did not have a plan → Go to C7
- ₁ ☐ I did not contact a midwife / the hospital	
10 2 Yes	
0 3 No	

C6.	Why did you not use the choice of pain relief that you had originally planned (before you went into labour)? (Cross ALL that apply)	C9. What position were you in when your baby was born? (Cross ONE only)
1	☐ For medical reasons	Sitting / sitting supported by pillows
	□ I changed my mind	2 L On my side
	I did not need to use the pain relief I had	₃ ☐ Standing, squatting or kneeling
	planned to use	₄ ☐ Lying flat / lying supported by pillows
2	There was not time to use my planned pain relief	₅ ☐ Lying with legs in stirrups
5	The pain relief I had planned to use did not	6 Li Ottiei
	work	C10. Did you have skin to skin contact (baby naked,
6	I was told there were not enough staff to provide my chosen pain relief	directly on your chest or tummy) with your baby shortly after the birth?
7	☐ I was not told why I could not have my	10 ₁ ☐ Yes
	choice of pain relief	0 2 Yes, but I did not want this
8	Other	0 3 No
The	e birth of your baby	 - ₄ ☐ No, but this was not possible for medical reasons
C7. Thinking about the birth of your baby, what type of delivery did you have? (If you had twins or more than two babies this time,		 - ₅ ☐ I did not want skin to skin contact with my baby
	please fill in this question about the baby who was born first)	C11. If your partner or someone else close to you was involved in your care during labour and birth, were they able to be involved as much as
1	☐ A normal vaginal delivery → Go to C8	they wanted?
2	An assisted vaginal delivery (e.g. with	10 ₁ ☐ Yes
	forceps or ventouse suction cup) → Go to C8	0 2 No
3	A planned caesarean delivery → Go to C10	- ₃ ☐ They did not want to / could not be involved
4	An emergency caesarean delivery	- 4 I did not want them to be involved
	→ Go to C10	- ₅ ☐ I did not have a partner / companion with me
C8.	Where did you give birth? (Cross ONE only)	The staff caring for you
1	On a bed	
2	On the floor	C12. Did the staff treating and examining you introduce themselves?
3	In water / a birthing pool	10 1 Tes, all of the staff introduced themselves
2	Other	5 2 Some of the staff introduced themselves
		0 ₃ ☐ Very few / none of the staff introduced themselves
		_ ₄ ☐ Don't know / can't remember

C13. Had any of the midwives who cared for you been involved in your antenatal care?	C17. Thinking about your care during labour and birth, were you spoken to in a way you could
₁ ☐ Yes	understand?
² Yes, but I did not want this	10 ₁ ☐ Yes, always
₃ ☐ No, but I wanted this	5 2 Yes, sometimes
4 No, but I did not mind	0 3 L No
₅ Don't know / can't remember	- ₄ ☐ Don't know / can't remember
C14. Were you (and / or your partner or a companion) left alone by midwives or doctors at a time when it worried you? (Cross ALL	C18. Thinking about your care during labour and birth, were you involved enough in decisions about your care?
that apply)	10 ₁ ☐ Yes, always
0 ₁ ☐ Yes, during early labour	5 2 Yes, sometimes
0 2 L Yes, during the later stages of labour	0 3 No
0 ₃ ☐ Yes, during the birth	- 4 I did not want / need to be involved
0 4 Yes, shortly after the birth	− ₅ Don't know / can't remember
 10 5 No, not at all C15. If you raised a concern during labour and birth, did you feel that it was taken seriously? 	C19. Thinking about your care during labour and birth, were you treated with respect and dignity?
10 ₁ ☐ Yes	10 ₁ ☐ Yes, always
0 2 No	5 2 Yes, sometimes
- ₃ ☐ I did not raise any concerns	0 3 No
CAC If you pended attention during labour and	− 4 Don't know / can't remember
C16. If you needed attention during labour and birth, were you able to get a member of staff to help you within a reasonable time?	C20. Did you have confidence and trust in the staff caring for you during your labour and birth?
10 ₁ ☐ Yes, always	10 1 Yes, definitely
5 2 Yes, sometimes	5 2 Yes, to some extent
0 ₃	0 3 No
10 $_4\square$ A member of staff was with me all the time	− 4 Don't know / can't remember
- ₅ ☐ I did not want / need this	
− ₆ Don't know / can't remember	

SECTION D. CARE IN HOSPITAL AFTER THE BIRTH (POSTNATAL CARE)

If you had a home birth <u>and</u> did not go to hospital, please go to Question E1.

nospital, please go to Question E1.	5 2 L Yes, so
D1. How long did you stay in hospital after your	0 3 Ω No
baby was born?	− ₄ ☐ I did no
₁ ☐ Up to 12 hours	− ₅ Don't k
₂ More than 12 hours but less than 24 hours	D6. Thinking a
₃ ☐ 1 to 2 days	hospital affi given the ii
₄ D 3 to 4 days	needed?
$_{5}$ \square 5 or more days	10 ₁ ☐ Yes, a
DO I calcing heat, do you feel that the largeth of	5 2 TYes, so
D2. Looking back, do you feel that the length of your stay in hospital after the birth was	0 3 N o
0 1 Too long	− ₄ Don't k
0 2 Too short	D7. Thinking a
10 ₃ ☐ About right	hospital aft
- ₄ ☐ Not sure / don't know	10 ₁ ☐ Yes, a
D3. On the day you left hospital, was your discharge delayed for any reason?	5 2 Yes, so
0 ₁ ☐ Yes → Go to D4	0 3 No
	− ₄ 🗖 Don't k
10 2 ☐ No → Go to D5	
D4. What was the main reason for the delay? (Cross ONE only)	D8. Thinking a partner or involved in with you as
₁ ☐ I had to wait for medicines	that apply
₂ I had to wait to see the midwife / doctor	10 ₁ ☐ Yes
₃ ☐ I had to wait for test results	0 ₂ ☐ No, as
I had to wait for a check to be done on my baby	0 ₃ ☐ No, as them in
₅ ☐ Something else	- ₄ ☐ No, the

- •-	mei	spital after the birth, were you able to get a mber of staff to help you within a sonable time?
10 1		Yes, always
5 2		Yes, sometimes
0 з		No
— 4		I did not want / need this
— 5		Don't know / can't remember
D6.	hos give	nking about the care you received in pital after the birth of your baby, were you en the information or explanations you eded?
10 1		Yes, always
5 2		Yes, sometimes
0 з		No
— 4		Don't know / can't remember
D7.	hos	nking about the care you received in pital after the birth of your baby, were you ated with kindness and understanding?
10 1		Yes, always
5 2		Yes, sometimes
0 з		No
— 4		Don't know / can't remember
D8.	par invo with	nking about your stay in hospital, if your tner or someone else close to you was olved in your care, were they able to stay a you as much as you wanted? (Cross ALL tapply)
10 1		Yes
0 2		No, as they were restricted to visiting hours
0 з		No, as there was no accommodation for them in the hospital
— 4		No, they were not able to stay for another reason
— 5		I did not have a partner / companion with me

D5. If you needed attention while you were in

D9. Thinking about your stay in hospital, how clean was the hospital room or ward you were in?	E4. Did you feel that midwives and other health professionals gave you active support and encouragement about feeding your baby?
10 ₁ ☐ Very clean	10 ₁ ☐ Yes, always
6.7 2 Fairly clean	5 2 Yes, sometimes
3.3 3 Not very clean	0 3 No
0 4 Not at all clean	- ₄ ☐ I did not want / need this
– ₅ ☐ Don't know / can't remember	− ₅ Don't know / can't remember
SECTION E. FEEDING YOUR BABY	SECTION F. CARE AT HOME AFTER THE BIRTH
This section covers any advice or support given after the birth, this could be at hospital or at home.	F1. Were you given a choice about where your postnatal care would take place? (Postnatal care is any contact with a midwife or other health professional after leaving hospital)
E1. In the first few days after the birth how was your baby fed? (Cross ONE only)	10 ₁ ☐ Yes
₁ ☐ Breast milk (or expressed breast milk) only	0 2 No
$_{\scriptscriptstyle 2}$ \square Both breast and formula (bottle) milk	- ₃ ☐ Don't know / can't remember
₃ Formula (bottle) milk only	F2. When you were at home after the birth of your
4 Not sure	baby, did you have a telephone number for a midwife or midwifery team that you could contact?
E2. Were your decisions about how you wanted to feed your baby respected by midwives?	10 ₁ ☐ Yes
10 ₁ ☐ Yes, always	0 2 No
5 2 Yes, sometimes	- ₃ ☐ Don't know / can't remember
0 3 No	F3. If you contacted a midwife were you given the
− 4 Don't know / can't remember	help you needed?
E3. Did you feel that midwives and other health professionals gave you consistent advice about feeding your baby?	10 ₁ ☐ Yes, always 5 ₂ ☐ Yes, sometimes
10 ₁ ☐ Yes, always	0 3 No
5 2 Yes, sometimes	0 4 L No, as I was not able to contact a midwife
0 3 No	- ₅ ☐ I did not contact a midwife
- ₄ ☐ I did not want / need any advice	
0 ₅ I did not receive any advice	
_ ₅ ☐ Don't know / can't remember	

F4. Since your baby's birth have you been visited at home by a midwife?	F7. Would you have liked to have seen a midwife
₁ ☐ Yes → Go to F5	0 ₁ ☐ More often
Yes, but I had to contact them to ask them to visit → Go to F5	0 ₂ ☐ Less often 10 ₃ ☐ I saw a midwife as much as I wanted
No, I visited the midwife / saw a midwife in clinic → Go to F5 4 □ No, I was not offered a visit → Go to F12	F8. Did the midwife or midwives that you saw appear to be aware of the medical history of
 5 ☐ No, I was visiting or staying near my baby in a neonatal unit (NNU, NICU, SCBU) → Go to F12 	you and your baby? 10 1 Yes 0 2 No
₆ No, for another reason → Go to F12	− ₃ Don't know / can't remember
F5. Did you see the same midwife every time? ₁ ☐ Yes	F9. Did you feel that the midwife or midwives that you saw always listened to you?
₂ Yes, but would have preferred not to	10 ₁ ☐ Yes, always
₃ ☐ No, but I wanted to	5 2 Yes, sometimes
4 No, but I did not mind	0 з П No
₅ ☐ I only saw a midwife once	– ₄ ☐ Don't know / can't remember
6 ☐ I did not see a midwife 7 ☐ Don't know / can't remember	F10. Did the midwife or midwives that you saw take your personal circumstances into account when giving you advice?
Thinking about all the times you were visited at home or seen in a clinic by a midwife after the birth	10 ₁ ☐ Yes, always 5 ₂ ☐ Yes, sometimes 0 ₃ ☐ No
F6. How many times in total did you see a midwife after you went home?₁ □ 1 - 2	 - 4 This was not necessary - 5 Don't know / can't remember
₂ □ 3 - 4	F11. Did you have confidence and trust in the midwives you saw after going home?
₃ □ 5 - 6	10 ₁ ☐ Yes, definitely
₄ ☐ 7 times or more	5 2 Yes, to some extent
₅	0 з П No
	- ₄ ☐ Don't know / can't remember

F12. Had any midwives who cared for you postnatally also been involved in your labour and antenatal care?	F16. If, during evenings, nights or weekends, you needed support or advice about feeding your baby, were you able to get this?
₁ ☐ Yes, my labour and antenatal care	10 ₁ ☐ Yes, always
₂ My antenatal care only	5 2 Yes, sometimes
₃ ☐ My labour only	0 з П No
₄ ☐ No, but I wanted this	- ₄ ☐ I did not need this
$_{5}$ \square No, but I did not mind	- ₅ ☐ Don't know / can't remember
₀ Don't know / can't remember	F17. In the six weeks after the birth of your baby did you receive help and advice from health
F13. Did a midwife or health visitor ask you how you were feeling emotionally?	professionals about your baby's health and progress ?
10 ₁ ☐ Yes	10 ₁ ☐ Yes, definitely
0 2 No	5 2 Yes, to some extent
- ₃ Don't know / can't remember	0 ₃
F14. Were you given enough information about your own physical recovery after the birth?	 - ₄ □ I did not need any - ₅ □ Don't know / can't remember
10 ₁ Yes, definitely	M
5 2 Yes, to some extent	F18. Were you given enough information about any emotional changes you might experience after the birth?
0 3 L No	10 ₁ ☐ Yes, definitely
- ₄ ☐ No, but I did not need this information	5 2 Yes, to some extent
− ₅ Don't know / can't remember	0 3 No
F15. In the six weeks after the birth of your baby did you receive help and advice from a midwife or	- ₄ □ No, but I did not need this information
health visitor about feeding your baby ? 10 1 Yes, definitely	− ₅ L Don't know / can't remember
_	F19. Were you told who you could contact if you needed advice about any emotional changes
5 2 Yes, to some extent	you might experience after the birth?
0 ₃ ☐ No	10 ₁ ☐ Yes
- ₄ ☐ I did not need any	0 2 No
− ₅ Don't know / can't remember	− ₃ Don't know / can't remember

F20. Were you given information or offered advice from a health professional about contraception?	G4. Do you have any of the following long-standing conditions? (Cross ALL that apply)
10 ₁ Yes	Deafness or severe hearing impairment
_	₂ Blindness or partially sighted
0 2 L No	3 A long-standing physical condition
- ₃ ☐ I did not want / need any advice	₄ ☐ A learning disability
- ₄ ☐ Don't know / can't remember	₅ ☐ A mental health condition
F21. Did a midwife tell you that you would need to arrange a postnatal check-up of your own health with your GP? (Around 6-8 weeks after the birth)	A long-standing illness, such as cancer, HIV, diabetes, chronic heart disease, or epilepsy
10 ₁ Yes	¬ □ No, I do not have a long-standing condition
0 ₂ No	G5. What is your religion?
- ₃ Don't know / can't remember	₁ ☐ No religion
	₂ Buddhist
SECTION G. YOU AND YOUR HOUSEHOLD	Christian (including Church of England, Catholic, Protestant, and other Christian denominations)
Please complete as many of these questions as	4 Hindu
you can. Your answers will help us to describe the women taking part in the survey and to find	₅ ☐ Jewish
out whether the care offered to women is the same regardless of their background or	6 ☐ Muslim
circumstances.	₁ ☐ Sikh
O4 In what was a way have?	₃ □ Other
G1. In what year were you born? (Please write in) e.g. 1 9 8 5	₃ ☐ I would prefer not to say
(i loaded write iii) e.g.	⁹ La 1 would prefer not to say
	G6. Which of the following best describes how you think of yourself?
	₁ ☐ Heterosexual / straight
G2. Have you had a previous pregnancy?	₂ ☐ Gay / lesbian
₁ ☐ Yes → Go to G3	₃ ☐ Bisexual
2 ☐ No → Go to G4	4 D Other
G3. How many babies have you given birth to before this pregnancy?	₅ ☐ I would prefer not to say
₁ None	
₂	
₃ ☐ 3 or more	

G7. What is your ethnic group? (Conly)	ross ONE box	H. OTHER COMMENTS
a. WHITE		If there is anything else you would like to tell us about your maternity care, please do so here.
English / Welsh / Scot Irish / British Irish Gypsy or Irish Travelle Any other White backs	er	Please note that the comments you provide will be looked at in full by the NHS Trust, the Care Quality Commission and researchers analysing the data. We will remove any information that could identify you before publishing any of your feedback.
b. MIXED / MULTIPLE ETH GROUPS	INIC	
₅ White and Black Carib	obean	
6 ☐ White and Black Africa	an	
√ White and Asian		
8 Any other Mixed / mul background, write in.	-	
c. ASIAN / ASIAN BRITISH Indian Pakistani Bangladeshi Chinese Any other Asian back		
d. BLACK / AFRICAN / CA BLACK BRITISH 14		
Caribbean backgrour	nd, write in	THANK YOU VERY MUCH FOR YOUR HELP
		Please check that you answered all the questions that apply to you.
e. OTHER ETHNIC GROUP		Please post this questionnaire back in the FREEPOST envelope provided.
18 Any other ethnic grou	up, write in	No stamp is needed.
		If you have concerns about the care you or others have received please contact CQC on 03000 61 61 61.